

A photograph of two young children playing at an outdoor wooden table. The child on the left, wearing a pink vest, is standing and looking down at the table. The child on the right, wearing a dark jacket, is sitting and using a small tool to dig in a container. The table is covered with various toys, including a bowl of sand, a small blue bowl, and a container with a red lid. In the background, there is a wooden fence and some outdoor furniture. A large, semi-transparent blue circle is overlaid on the left side of the image, containing the text.

In Focus | Diversity matters for mental health

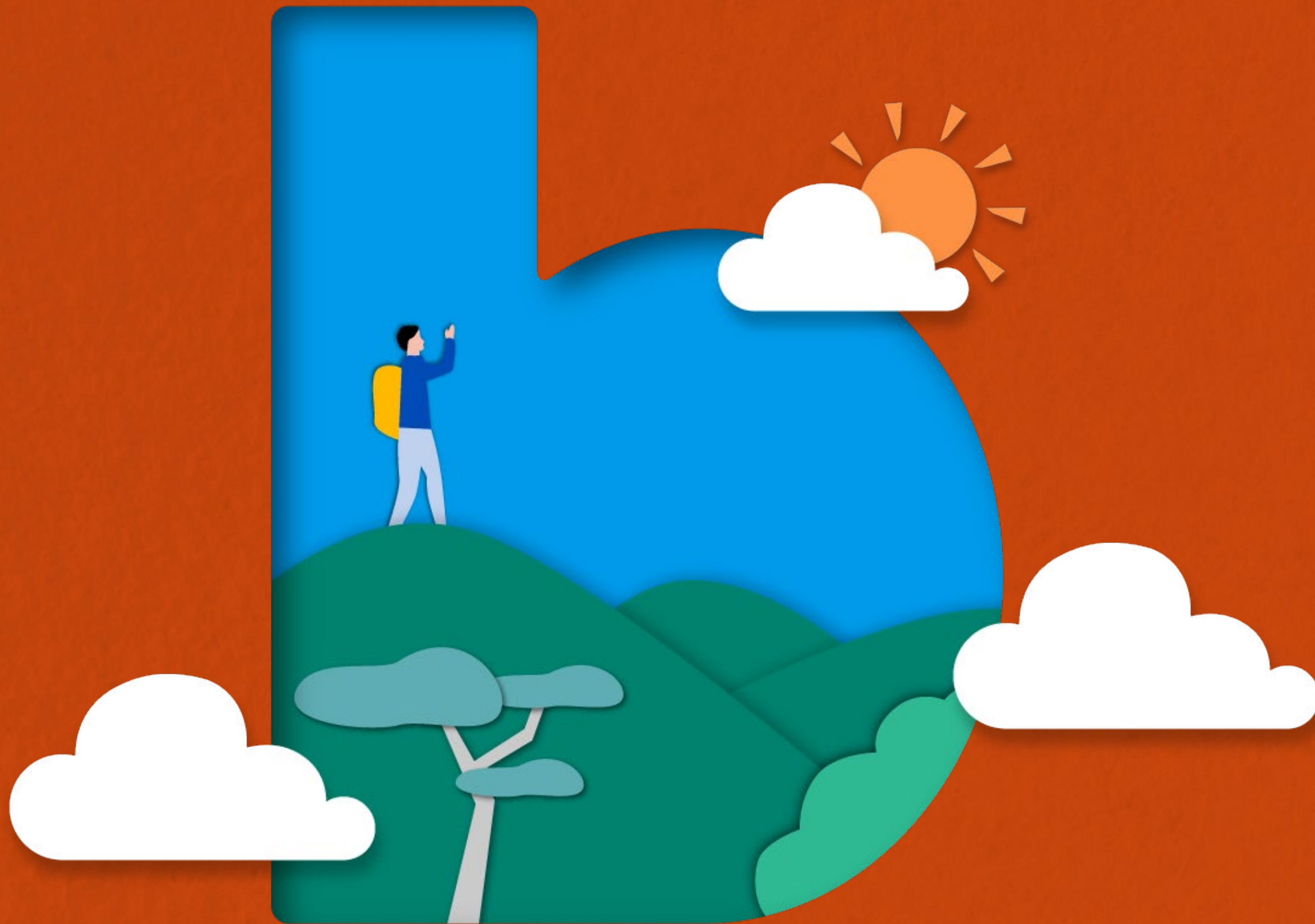
Acknowledgement of Country

“Take time. Make time” “Relationships, connectedness and readiness at the front end pay off at the other end.”

- Learning on Country eBook



Self care



Today

Diversity is varied

Identity – mine, yours, theirs

Knowing about our place

Inclusive environments and opportunities

Children's rights, agency and resilience

Diversity is diverse



What I know about me...





**We are...we
identify with...we
belong where...**

Stigma and privilege

‘We don’t see things as they are, we see them as we are.’

-Anais Nin

Activity

Do I believe I am a successful and worthy person?

Do I have many opportunities to receive recognition and praise?

Do I feel comfortable talking to someone about a problem I have?

There is a BBQ this weekend with people I don't know very well. Am I happy to attend?

Can I go through the day without the fear of receiving discriminatory comments and/or put downs?

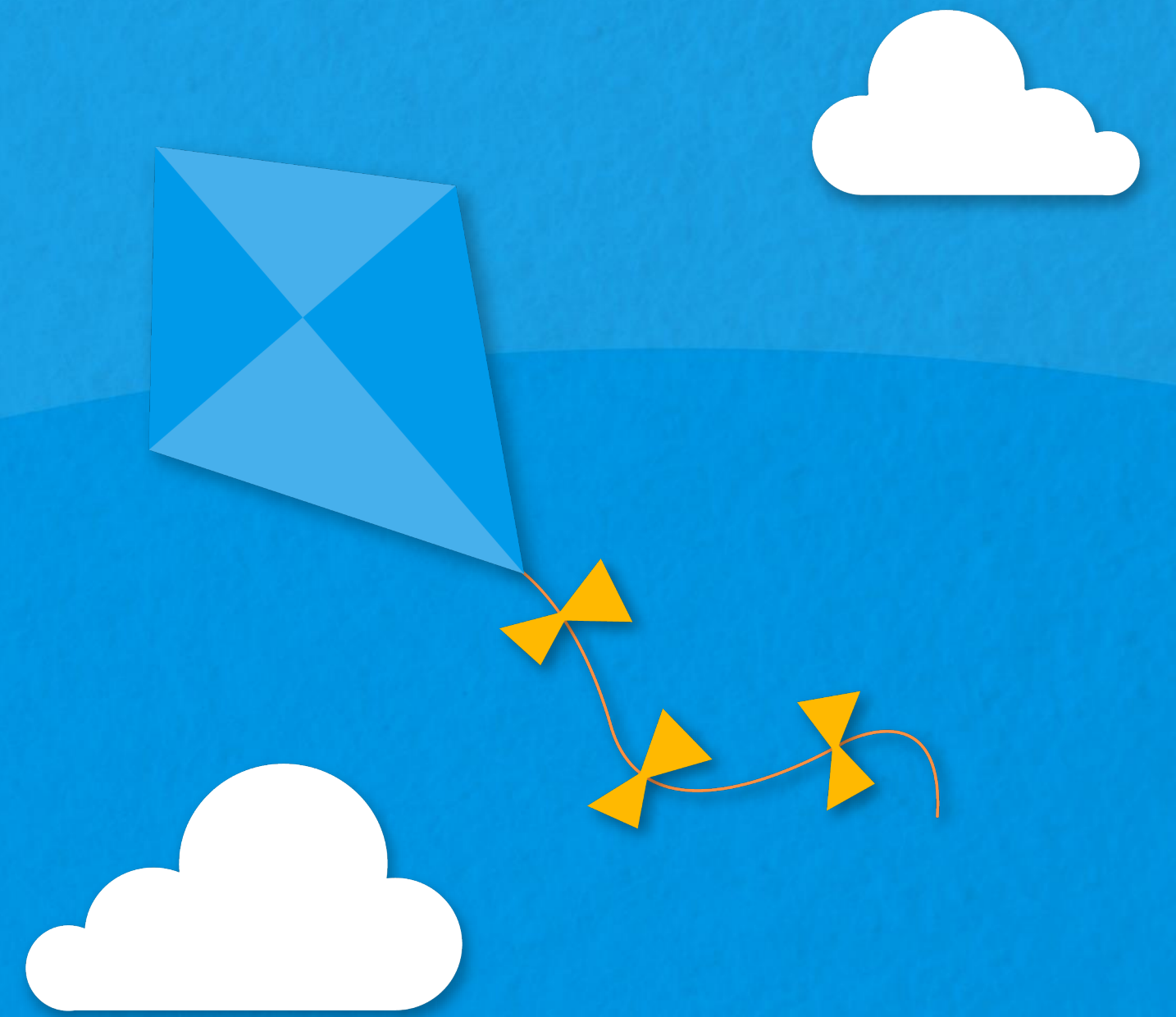
Will I get to share my knowledge and/or skills successfully during the day?

Will I be greeted warmly when I arrive? Will anyone notice if I don't?

Diversity and identity —mine, yours, theirs, ours?



Diversity in early learning services and schools



Inclusion – What it is and isn't

Inclusion means that all children, regardless of their background or ability, are given the chance to play, learn and interacted together.

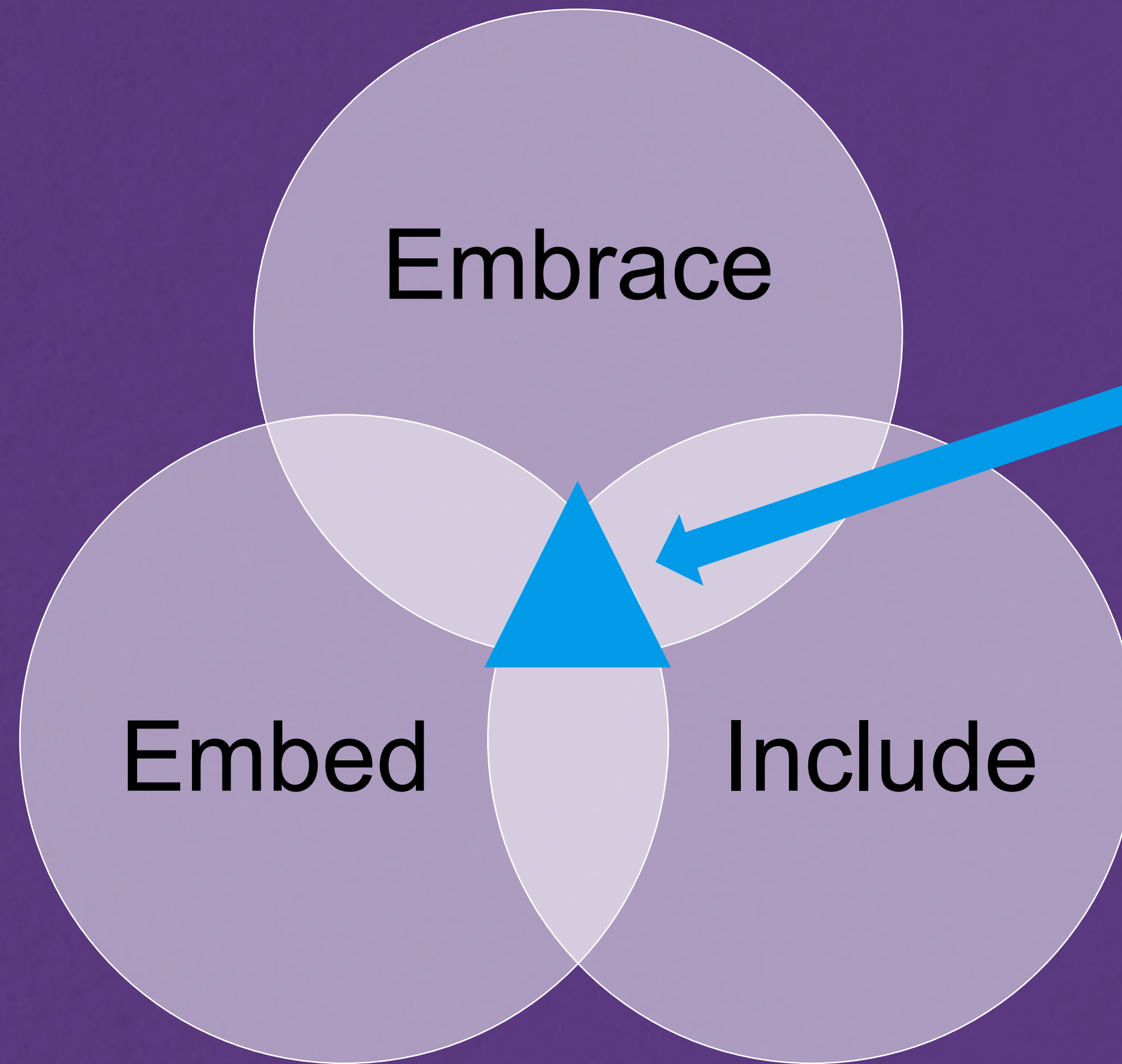
Inclusion is an approach to early childhood learning where every child is valued, supported and given access to equal opportunities and learning experiences.

www.inclusionnow.org.au

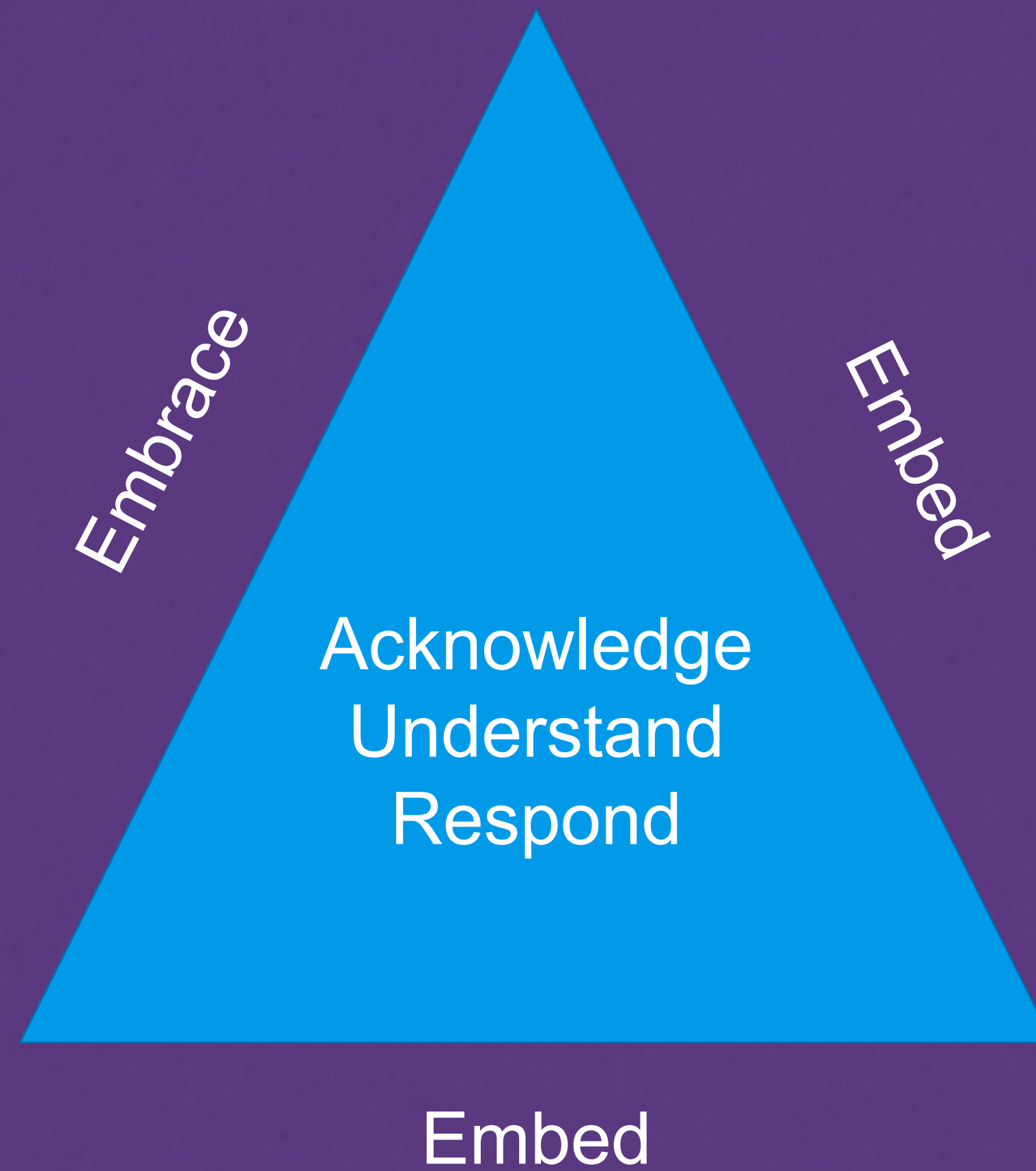
Tokenism

Doing what we always do, how we always do it without regular reflection leaves us treading a fine line between inclusive and tokenistic practises

Picture this place



Thinking about this place



Acknowledge





Growing our ways to acknowledge



Understand

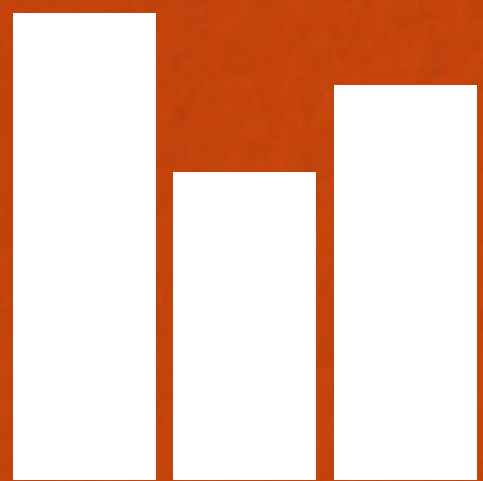




Growing our ways to understand



Respond



Agency





Visibility, voice and rights

**Environment
where children
can be powerful
promote
resilience**





Growing our ways to respond



Always Be You wise words...



“If we were all the same it would be dull”

“Celebrate difference, ability, diversity and everything that makes children individuals”

“It’s about shared respect, shared meaning, shared knowledge and experience, of learning, living and working together with dignity and truly listening”

- Learning on Country eBook

See you online soon!



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