



*Critical incident
responses -
professional and
personal*

Included below are reflective questions referred to during the webinar along with links to additional information, resources and references.



With delivery partners



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In practice reflective questions

These reflective questions can be used to form the basis of a conversation with your Be You Action Team or Learning Community Leadership.

- ④ Are all educators and staff familiar with the term 'critical incident'?
- ④ Are all educators aware of the broad range of events that may be considered a critical incident?
- ④ In what ways has your Critical Incident Management Plan been communicated to educators and staff to ensure they know their role in responding to a critical incident?
- ④ In developing your Critical Incident Management Plan have you identified strengths as well as risks in your response plan?
- ④ What steps have you taken in your Critical Incident Management Plan to ensure that your response considers cultural backgrounds and expectations of members of your learning community?
- ④ Do all educators understand how a critical incident can affect the mental health and wellbeing of children, young people, families and their team and what can influence recovery?
- ④ Are educators aware of and confident of supporting children and young people following a critical incident?
- ④ How have you ensured that educators and other staff are aware of and have access to support their own mental health following a critical incident?

Links to additional information, resources and references from the webinar

- Be You Professional Learning
<https://beyou.edu.au/learn>
- Mentally Healthy Communities domain: Understand module:
<https://beyou.edu.au/learn/mentally-healthy-communities>
- Responding Together domain: Recognise and Respond modules:
<https://beyou.edu.au/learn/responding-together>
- Responding to natural disasters:
<https://beyou.edu.au/responding-to-natural-disasters>

Resources

- BETLS Observation Tool:
<https://beyou.edu.au/resources/betls-observation-tool>
- Mental Health Continuum:
<https://beyou.edu.au/resources/mental-health-continuum>

- Planning for wellbeing – mine yours ours:
<https://beyou.edu.au/resources/tools-and-guides/wellbeing-tools-for-you>
- Be You Wellbeing Tools:
<https://beyou.edu.au/resources/tools-and-guides/wellbeing-tools-for-you>
- Wellbeing plan for educators:
<https://beyou.edu.au/-/media/resources/tools-and-guides/wellbeing-tools-for-you/practice/be-you-wellbeing-plan-for-educators.pdf>
- Implementation and Reflection Toolkit:
<https://beyou.edu.au/planning-and-implementation-tools/implementation-and-reflection-toolkit>

Fact Sheets

- Communication skills for educators:
<https://beyou.edu.au/fact-sheets/relationships/communication-skills-for-educators>
- Staff Wellbeing:
<https://beyou.edu.au/fact-sheets/wellbeing/staff-wellbeing>
- Stress Management:
<https://beyou.edu.au/fact-sheets/wellbeing/stress-management>
- Cultural diversity and mental health:
<https://beyou.edu.au/fact-sheets/relationships/cultural-diversity-and-mental-health>

In Focus webinar recordings

- Maintaining a mentally healthy community when change is all around:
<https://beyou.edu.au/resources/sessions-and-events/maintaining-a-mentally-healthy-community-when-change-is-all-around>
- Notice and observe children's mental health:
<https://beyou.edu.au/resources/sessions-and-events/notice-and-observe-childrens-mental-health>
- Diversity matters for mental health:
<https://beyou.edu.au/resources/events/diversity-matters-for-mental-health>
- Promoting educator wellbeing:
<https://beyou.edu.au/resources/events/promoting-educator-wellbeing>