

Embed evidence-based social and emotional learning strategies

Reference List

Early learning

- Bavelier, D., Green, C. S., & Dye, M. W. G. (2010). Children, wired: For better and for worse. *Neuron*, 67(5), 692–701.
- Bell, C. C., & McBride, D. F. (2010). Affect regulation and prevention of risky behaviors. *The Journal of the American Medical Association*, 304(5), 565–566.
- Berking, M., & Wupperman, P. (2012). Emotion regulation and mental health: Recent findings, current challenges, and future directions. *Current Opinion in Psychiatry*, 25(2), 128–134.
- Britto, P. R., Lye, S. J., Proulx, K., Yousafzai, A. K., Matthews, S. G., Vaivada, T., ... & MacMillan, H. (2017). Nurturing care: promoting early childhood development. *The Lancet*, 389(10064), 91-102.
- Cahill, H., Beadle, S., Farrelly, A., Forster, R., & Smith, K. (2014). Building resilience in children and young people. Melbourne: Victorian State Government Department of Education and Training. Retrieved from <https://www.education.vic.gov.au/school/teachers/health/mentalhealth/Pages/buildingresilience.aspx>.
- Collaborative for Academic, Social, and Emotional Learning (CASEL). (2018). *Core SEL competencies*. Chicago: CASEL. Retrieved from <https://casel.org/core-competencies/>.
- Garner, P. W. (2010). Emotional competence and its influences on teaching and learning. *Educational Psychology Review*, 22(3), 297–321.
- Goleman, D. (2015). The future of SEL. In J. A. Durlak, C. E. Domitrovich, R. P. Weissberg, & T. P. Gullotta (Eds.), *Handbook of social and emotional learning* (pp. 593–596). New York, NY: Guilford Press.
- Humphrey, N. (2013). *Social and emotional learning: A critical appraisal*. London, UK: SAGE Publications Limited.
- Jones, D. E., Greenberg, M., & Crowley, M. (2015). Early social-emotional functioning and public health: The relationship between kindergarten social competence and future wellness. *American Journal of Public Health*, 105(11), 2283-2290.
- Miljević-Ridički, R., Plantak, K., & Bouillet, D. (2017). Resilience in Preschool Children—The Perspectives of Teachers, Parents and Children. *International Journal of Emotional Education*, 9(2), 31-43.
- Reavley, N., Bassilos, B., Ryan, S., Schlichthorst, M., & Nicholas, A. (2015). Interventions to build resilience among young people. Melbourne, Victoria: Victorian Health Promotion Foundation (VicHealth). Retrieved from <https://www.vichealth.vic.gov.au/media-and-resources/publications/mental-wellbeing-strategy>.

With delivery partners

Tollit, M., McDonald, M., Borschmann, R., Bennett, K., von Sabler, M., & Patton, G. (2015). Epidemiological evidence relating to resilience and young people: A literature review. Melbourne, Victoria: Victorian Health Promotion Foundation (VicHealth). Retrieved from <https://www.vichealth.vic.gov.au/media-and-resources/publications/mental-wellbeing-strategy>.

West Sussex County Council. (2014). *Children and young people's emotional resilience evidence review*. West Sussex, UK: UK Government. Retrieved from <https://www.westsussex.gov.uk>.

Primary

Bavelier, D., Green, C. S., & Dye, M. W. G. (2010). Children, wired: For better and for worse. *Neuron*, 67(5), 692–701.

Bell, C. C., & McBride, D. F. (2010). Affect regulation and prevention of risky behaviors. *The Journal of the American Medical Association*, 304(5), 565–566.

Berking, M., & Wupperman, P. (2012). Emotion regulation and mental health: Recent findings, current challenges, and future directions. *Current Opinion in Psychiatry*, 25(2), 128–134.

Britto, P. R., Lye, S. J., Proulx, K., Yousafzai, A. K., Matthews, S. G., Vaivada, T., ... & MacMillan, H. (2017). Nurturing care: promoting early childhood development. *The Lancet*, 389(10064), 91-102.

Cahill, H., Beadle, S., Farrelly, A., Forster, R., & Smith, K. (2014). Building resilience in children and young people. Melbourne: Victorian State Government Department of Education and Training. Retrieved from <https://www.education.vic.gov.au/school/teachers/health/mentalhealth/Pages/buildingresilience.aspx>.

Collaborative for Academic, Social, and Emotional Learning (CASEL). (2018). *Core SEL competencies*. Chicago: CASEL. Retrieved from <https://casel.org/core-competencies/>.

Dix, K. L., Slee, P. T., Lawson, M. J., & Keeves, J. P. (2012). Implementation quality of whole-school mental health promotion and students' academic performance. *Child and Adolescent Mental Health*, 17(1), 45–51.

Elbertson, N. A., Brackett, M. A., & Weissberg, R. P. (2009). School-based social and emotional learning (SEL) programming: Current perspectives. In A. Hargreaves, A. Lieberman, M. Fullan, & D. Hopkins (Eds.), *Second international handbook of educational change* (pp. 1017–1032). Dordrecht, Netherlands: Springer.

Garner, P. W. (2010). Emotional competence and its influences on teaching and learning. *Educational Psychology Review*, 22(3), 297–321.

Goleman, D. (2015). The future of SEL. In J. A. Durlak, C. E. Domitrovich, R. P. Weissberg, & T. P. Gullotta (Eds.), *Handbook of social and emotional learning* (pp. 593–596). New York, NY: Guilford Press.

Humphrey, N. (2013). *Social and emotional learning: A critical appraisal*. London, UK: SAGE Publications Limited.

Khanlou, N., & Wray, R. (2014). A whole community approach towards child and young resilience promotion: A review of resilience literature. *International Journal of Mental Health and Addiction* 12, 64-79.

Miljević-Riđički, R., Plantak, K., & Bouillet, D. (2017). Resilience in Preschool Children—The Perspectives of Teachers, Parents and Children. *International Journal of Emotional Education*, 9(2), 31-43.

Oberle, E., Domitrovich, C. E., Meyers, D. C., & Weissberg, R. P. (2016). Establishing systemic social and emotional learning approaches in schools: A framework for schoolwide implementation. *Cambridge Journal of Education*, 1–21.

Reavley, N., Bassilos, B., Ryan, S., Schlichthorst, M., & Nicholas, A. (2015). Interventions to build resilience among young people. Melbourne, Victoria: Victorian Health Promotion Foundation (VicHealth). Retrieved from <https://www.vichealth.vic.gov.au/media-and-resources/publications/mental-wellbeing-strategy>.

- Stice, E. (2009). A meta-analytic review of depression prevention programs for children and adolescents: Factors that predict magnitude of intervention effects. *Journal of Consulting and Clinical Psychology, 77*(3), 486.
- Tollit, M., McDonald, M., Borschmann, R., Bennett, K., von Sabler, M., & Patton, G. (2015). Epidemiological evidence relating to resilience and young people: A literature review. Melbourne, Victoria: Victorian Health Promotion Foundation (VicHealth). Retrieved from <https://www.vichealth.vic.gov.au/media-and-resources/publications/mental-wellbeing-strategy>.
- West Sussex County Council. (2014). *Children and young people's emotional resilience evidence review*. West Sussex, UK: UK Government. Retrieved from <https://www.westsussex.gov.uk>.
- Zins, J. E., Bloodworth, M. R., Weissberg, R. P., & Walberg, H. J. (2007). The scientific base linking social and emotional learning to school success. *Journal of Educational & Psychological Consultation, 17*(2/3), 191–210.
- Secondary**
- Cahill, H., Beadle, S., Farrelly, A., Forster, R., & Smith, K. (2014). Building resilience in children and young people. Melbourne: Victorian State Government Department of Education and Training. Retrieved from <https://www.education.vic.gov.au/school/teachers/health/mentalhealth/Pages/buildingresilience.aspx>.
- Durlak, J.A., Weissberg, R.P., Dymnicki, A.B., Taylor, R.D., Schellinger, K.B. (2011). The impact of enhancing students' social and emotional learning: A meta-analysis of school based universal interventions. *Child Development, 82*, 405-432.
- Khanlou, N., & Wray, R. (2014). A whole community approach towards child and young resilience promotion: A review of resilience literature. *International Journal of Mental Health and Addiction 12*, 64-79.
- Miljević-Riđički, R., Plantak, K., & Bouillet, D. (2017). Resilience in Preschool Children–The Perspectives of Teachers, Parents and Children. *International Journal of Emotional Education, 9*(2), 31-43.
- Nation, M., Crusto, C., Wandersman, A., Kumpfer, K.L., Seybolt, D., Morrissey-Kane, E., Davino, K. (2003). What works in prevention: Principles of effective prevention programs. *American Psychologist, 58*, 449-45.
- National Institute of Mental Health (NIMH). (2011). *The teen brain: Still under construction*. London: NIMH. Retrieved from <http://www.nimh.nih.gov/health/publications/the-teen-brain-still-underconstruction/teen-brain.pdf>.
- Oberle, E., & Schonert-Reichl, K. A. (2017). Social and Emotional Learning: Recent Research and Practical Strategies for Promoting Children's Social and Emotional Competence in Schools. In *Handbook of Social Behavior and Skills in Children* (pp. 175-197). New York: Springer.
- Oberle, E., Domitrovich, C. E., Meyers, D. C., & Weissberg, R. P. (2016). Establishing systemic social and emotional learning approaches in schools: A framework for schoolwide implementation. *Cambridge Journal of Education, 46*(3), 277-297.
- Reavley, N., Bassilos, B., Ryan, S., Schlichthorst, M., & Nicholas, A. (2015). Interventions to build resilience among young people. Melbourne, Victoria: Victorian Health Promotion Foundation (VicHealth). Retrieved from <https://www.vichealth.vic.gov.au/media-and-resources/publications/mental-wellbeing-strategy>.
- Sawyer, S.M., Afifi, R.M., Bearinger, L.H., Blakemore, S.J., Dick, B., Ezeh, A.C., & Patton G.C. (2012). Adolescence: a foundation for future health. *The Lancet, 379*, 1630–1640.
- Seligman, M. E., Ernst, R. M., Gillham, J., Reivich, K., & Linkins, M. (2009). Positive education: Positive psychology and classroom interventions. *Oxford review of education, 35*(3), 293-311.
- Shean, M. (2015). Current theories relating to resilience and young people: A literature review. Melbourne, Victoria: Victorian Health Promotion Foundation (VicHealth). Retrieved from

<http://evidenceforlearning.org.au/assets/Grant-Round-II-Resilience/Current-theories-relating-to-resilience-and-young-people.pdf>.

Stice, E. (2009). A meta-analytic review of depression prevention programs for children and adolescents: Factors that predict magnitude of intervention effects. *Journal of Consulting and Clinical Psychology, 77*(3), 486.

Taylor, R. D., Oberle, E., Durlak, J. A., & Weissberg, R. P. (2017). Promoting Positive Youth Development Through School-Based Social and Emotional Learning Interventions: A Meta-Analysis of Follow-Up Effects. *Child Development, 88*(4), 1156-1171.

Theron, L. C. (2016). The everyday ways that school ecologies facilitate resilience: Implications for school psychologists. *School Psychology International, 37*(2), 87-103.

Tollit, M., McDonald, M., Borschmann, R., Bennett, K., von Sabler, M., & Patton, G. (2015). Epidemiological evidence relating to resilience and young people: A literature review. Melbourne, Victoria: Victorian Health Promotion Foundation (VicHealth). Retrieved from <https://www.vichealth.vic.gov.au/media-and-resources/publications/mental-wellbeing-strategy>.

Ungar, M., Ghazinour, M., Jorg, R. (2013). Annual Research Review: What is resilience within the social ecology of human development? *Journal of Child Psychology and Psychiatry, 54*, 348-366.

Waters, L. (2011). A review of school-based positive psychology interventions. *The Australian Educational and Developmental Psychologist, 28*, 75-90.

Weissberg, R. P., Durlak, J. A., Domitrovich, C. E., & Gullotta, T. P. (Eds.). (2015). Social and emotional learning: Past, present, and future. In J. A. Durlak, C. E. Domitrovich, R. P. Weissberg, & T. P. Gullotta (Eds.), *Handbook of social and emotional learning: Research and practice* (pp. 3-19). New York: Guilford Press.

West Sussex County Council. (2014). *Children and young people's emotional resilience evidence review*. West Sussex, UK: UK Government. Retrieved from [https:// www.westsussex.gov.uk](https://www.westsussex.gov.uk).

Zins, J. E., Bloodworth, M. R., Weissberg, R. P., & Walberg, H. J. (2007). The scientific base linking social and emotional learning to school success. *Journal of Educational & Psychological Consultation, 17*(2/3), 191-210.