

Best Practice Model

Strategies to improve your school's capacity to respond to a death by suicide



With delivery partners



Funded by



School Suicide Response Plan

- ☉ The school has a detailed Suicide Response Plan with contact phone numbers, key roles and responsibilities outlined
- ☉ The plan is aligned with system protocols and emergency management guidelines
- ☉ The plan is reviewed annually



Professional learning

- ☉ School staff have opportunities to build capacity via professional learning in suicide prevention, self harm, grief and loss, mood disorders, social media, and other broader mental health issues
- ☉ Teachers and wellbeing teams meet regularly to share learning and practice
- ☉ Access the Be You Professional Learning



Family Engagement

- ☉ Families are provided with relevant and evidence based information via a range of mediums including website, newsletters, fact sheets and family forums
- ☉ Families have access to contact details of local support services and available resources
- ☉ Families are involved in the school community and have a voice



Partnerships with local services and agencies

- ☉ The wellbeing team has regular contact with services and agencies including tertiary mental health
- ☉ Schools access local services to support professional learning
- ☉ Schools promote information to young people and families regarding local services and agencies
- ☉ Schools have clear referral processes with agencies



Partner with other schools

- ☉ The school connects with other schools in the area to share resources in suicide response and recovery
- ☉ Schools locally work together to maximise professional learning opportunities
- ☉ Wellbeing teams work collaboratively with other schools



Intervention strategies for at risk young people

- ☉ The school has clear referral pathways internally and to external support agencies and services
- ☉ Teachers are clear about identifying risk and school referral processes
- ☉ The school holds support group meetings for young people and uses return to school support plans
- ☉ The school holds case management meetings with external agencies present



Whole school approach to mental health

- ☉ The school has a comprehensive approach to mental health with mental health literacy incorporated into the curriculum
- ☉ The school strategically plans for prevention, early intervention, and intervention strategies and approaches
- ☉ Student voice is used to inform policy and program development

Visit the Be You website for more information on suicide support and assistance.

beyou.edu.au