Learn about this community
find its story

A community can promote mental health and wellbeing. Understand your community.

*Always Be You has been developed with the application of, learnings from and respect for 8 ways Aboriginal Pedagogy
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Many ways of knowing, being and doing

- History is important for today and tomorrow.
- Keep on learning, the story grows every day.
  - Now is part of the story.
  - Story sharing identifies community and culture you can’t always see.

Learning map

Make learning maps visible with:
- Photo walls.
- Time lines, recorded stories.
- Family trees.
- Local community story displays/representations.

Many ways of doing

- Learn the history of this community with the children and young people.
- Share stories from listening to people and reading.
  - Visit places that are important to a range of community members.

Connecting to Community

- Connections through community members are supports for engagement.
- Seek out individuals who can tell you about this community from different perspectives.
- Connect with all cultures—evolving cultures.
- Connect to Country—this land, its history and its present.