

Good morning. Hi Zara how are you?

It's Sunday today. Are you sure?

Excited for kindy? Yeah. You're going sign in for me help mummy

My name's Mynette. I'm the Centre Manager here at Kids Capers North Lakes and we cater up to 170 children per day and we have a very vast community here of families ranging from lots of different cultures and very extremely inclusive.

We started the journey with Be You. It's an amazing platform for us educators to have access to have.

Some of the learning they have there is phenomenal. Our philosophy here is that all children have a sense of belonging. The way children learn and the importance of a child being in care and the first thousand days of a child's life and how much their brain develops and rewires and the positive aspect of positive interactions is phenomenal. We have the most incredible job in the world in raising and being a part of these beautiful young children's lives.

It's not just a place that they drop their children, it's a place that they love to come to because they know they're going to be greeted with a smile or if they need to talk we're there to listen.

Oh she was like yes she just put a uniform on she's like I look at my dress mummy.

Kristy is amazing. My name's Kristy. I'm the Assistant Centre Manager here at Kids Capers North Lakes. I'm also the educational leader of the service so I mentor staff in programing and practice. So when we signed up to the Be You program and started our modules we were looking for a way to link everyone together.

It's their whole world and they hand them over every day, and we have to sit back and appreciate that they're trusting us enough to do that. The support from Be You has been really good, they're always there to touch base with me, they call us and to say hey how you going with that module or anything that I can help you with and they do the formal study they have the statistics.

Our job is to wholly make those kids feel safe secure and supported and that they belong to something more than just their family, that they belong to our Kids Capers family. Wellbeing starts from our children really listening to what they're saying, so getting to know them like their family and finding out the cues that when you know someone you know something's not right and just being there to support them.

We're going to do our Acknowledgement to Country. Here is the land and here is the sky, here are my friends, and here am I. We would like to thank the Gubbi Gubbi people for the land on which we play and learn.

You know what you get these big pieces and what's yours Zara? Something cool maybe? It's a secret you can show me when you're finished.

Brad's been with us here at Kids Capers for probably about eight years. He's a fabulous educator, he's one of our male educators which is a really amazing thing to get more at male educators into the industry. Each morning when the kids come in, they can come through here and it's a chart they can pick through it says how do you feel.

So they'll come through and they'll pick one they might like and I pop on there, they might be happy or excited so this morning I came through and I put down I'm excited to be here. Some days I might be angry and that's fine you know we're all allowed to be angry sometimes I can take it away and you know I can get an idea of how they are and how I you know start my day and you know and we talk about our feelings and it's a good conversation starter fantastic.

What's that one? So why you're feeling happy today Darcy? You get to play with all your friends? That's awesome fantastic. You want to do a rainbow? What colour's that?

Do you know what blue makes me think of? It makes you calm? It does make me calm.

What's something nice that you say to people? Thank you. That's a good one, I think that's on one of our rocks. Our Kindness Garden is not just for one person in particular, it's for absolutely every human that walks through our door.

It's absolutely beautiful watching our families dropping their children off and their children saying what do these rocks say? And like they may just be reading them out but once they leave the service they may just remember to smile for the day.

To make your mummy happy, that is very kind. What's something that you could write on this rock that would be kind? When my mummy looks beautiful maybe we could write you look beautiful on there, is that a good idea. It's nice when it dries after.

We're off to Fairy Lane, it's a community initiative that one of my good friends has started off. We've got lots of little rocks that the Kids Capers children have painted and we're going to go and we're going to hide our rocks for other people to find but we're also going to go and have a look at all the magical little fairies and things in there and you guys can see if you can find some other rocks, how does that sound?

Wow look at the colours on this one. That is so cute.

Hello how are you? All the kids are out and they paint the rocks and they hide the rocks all down here. Ah now we know what it's all about. Yeah absolutely.

We hid some rocks, after that we got to find some rocks then we would go and see everything like the pinecones hanging and the fairy messages. I found one.

The community can't raise the children alone, the centre can't raise the children alone and the parents can't raise the children alone.

If we're not linking all of those things together then something falls down along the way so it's about bringing it all together I think and making sure that everyone can see when everyone else needs a little bit of a lift up.