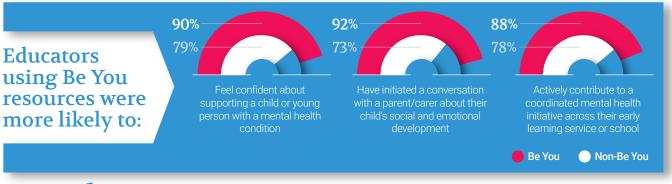
## Be You the first year

Launched in November 2018, **Be You** empowers early learning services and schools to build mentally healthy learning communities across Australia.





## Trends

Market research (2019) of Australian primary and secondary school and early learning educators found:

Over 90%

of educators believe mental

health is essential for learning



To support mental health and wellbeing most educators want:

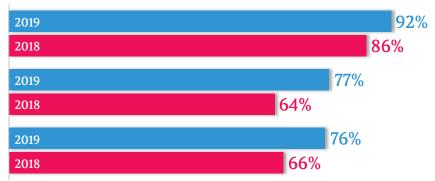
- More training and development
- Workplace collaboration and a whole setting approach

## Educators are increasingly feeling empowered to deal with mental health

Educators think supporting mental health and wellbeing is part of their job

Educators know how to initiate a conversation with a child or young person about mental health

Educators believe they can identify a mental health issue





Almost half of educators still think they lack the necessary skills and training to address the mental health needs of children and young people.

2020 Focus: Encourage educators to engage with Be You more



With delivery partners

Australia

